

## Sizing the Seattle Splint

Proper sizing of the Seattle Splint is based on the patient's height and shoe size. Use the table below to determine the most likely size.

| Height           | Unisex Shoe Size | Size        | Item #     | Calf Length*<br>For fitting with<br>thigh extension |
|------------------|------------------|-------------|------------|---|
| 6'1½" and taller | 13 and larger    | Extra Large | 100 / 2100 | 20½" – 23+" *                                       |
| 5'10" – 6'1"     | 10 – 12.5        | Large       | 101 / 2101 | 18½" – 20¼" *                                       |
| 5'5" – 5'9½"     | 7 – 9.5          | Medium      | 102 / 2102 | 16½" – 18¼" *                                       |
| 5' – 5'4½"       | 5 – 7            | Small       | 103 / 2103 | 14" – 16¼" *  |
| 3'5" – 5'        | 3 – 5            | Youth       | 104        | 12½" – 14"  |
|                  |                  | Child       | 105        | 9" – 12"  |
|                  |                  | Toddler     | 106        | 5" – 8"   |

Put the Seattle Splint on the patient and check the following:

- Is there a hand's width of space between the top of the splint and the back of the knee?
- Does the splint extend the full length of the patient's toes? Toes should not extend over the splint.
- Does the patient have full knee flexion?
- Is there space for a finger to slide between the skin or dressing and the strap pad? If not, loosen the straps.



\* When fitting an adult patient to attach a Thigh Extension, calf length is the sole determinant for the Seattle Splint size. Calf length is the distance from the heel to the popliteal space with the leg extended.

**Disclaimer:** The Seattle Splint and components are designed to be sized and customized by a qualified practitioner. PFS Med, Inc does not express or imply responsibility for injury or impairment in skin integrity resulting from splints improperly fit or inadequately supervised.

