

## Sizing the Seattle Splint

Proper sizing of the Seattle Splint is based on the patient's height and shoe size. Use the table below to determine the most likely size.

Height	Unisex Shoe Size	Size	Item #	Calf Length* For fitting with high extension
6'1½" and taller	13 and larger	Extra Large	100 / 2100	20½" – 23+" *
5'10" – 6'1"	10 – 12.5	Large	101 / 2101	18½" – 20¼" *
5'5" – 5'9½"	7 – 9.5	Medium	102 / 2102	16½" – 18¼" *
5' – 5'4½"	5 – 7	Small	103 / 2103	14" – 16¼" *
3'5" – 5'	3 – 5	Youth	104	12½" – 14"
		Child	105	9" – 12"
		Toddler	106	5" – 8"

Put the Seattle Splint on the patient and check the following:

- Is there a hand's width of space between the top of the splint and the back of the knee?
- Does the splint extend the full length of the patient's toes? Toes should not extend over the splint.
- Does the patient have full knee flexion?
- Is there space for a finger to slide between the skin or dressing and the strap pad? If not, loosen the straps.



\* When fitting an adult patient to attach a thigh extension, calf length is the sole determinant for the Seattle Splint size. Calf length is the distance from the heel to the popliteal space with the leg extended.

**Disclaimer:** The Seattle Splint and components are designed to be sized and customized by a qualified practitioner. PFS Med, Inc does not express or imply responsibility for injury or impairment in skin integrity resulting from splints improperly fit or inadequately supervised.

